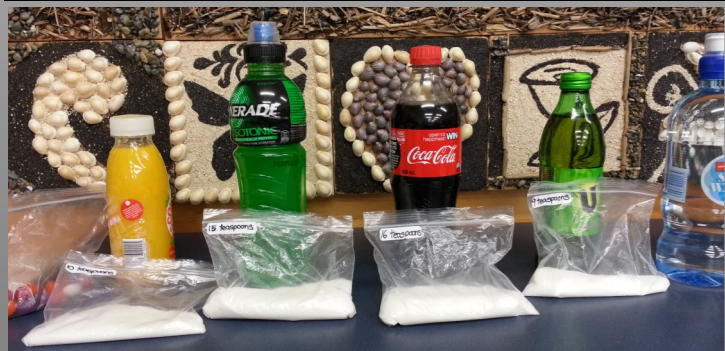




## The School Farewells Sue Huddleston



A lunch was held for Sue Huddleston who retired after many years of service to He Huarahi Tamariki. Jeanette Phillipps and Richard Maddren, HHT Trust trustees, former student Andrea Gibson and Helen Webber spoke about her contribution to the school. Students, former staff and volunteers gathered to honour Sue. Andrea's gift to Sue included a jigsaw with hand written 'retirement notes' that referenced a gift basket with the items included. Felt markers were "to mark the beginning of doing all those things you've always wanted to do", Marmite was "for your vitamins and iron", socks were "to get warm and put your feet up" and flowers were to "remind you to take time and smell the roses." Photos from L - R: students Nikki Walker and Hineora Mike present Sue with a gift; Sue Huddleston; former student Andrea Gibson and her baby; Sarah De Renzy and Sister Marcellin Wilson; volunteers Rick Doyland, Phil Desmond and Lania O'Toole, Griffin School. Bottom Left: volunteer and graduate co ordinator, Glenis Levack, counsellor, Hanny Naus, Manager of the Griffin School, Heather Te Huia and Janette Phillipps, HHT trustee.



## Talking about Diabetes

Kim Holden, Diabetes Regional Educator, showed us how much sugar is hidden in our food and how this can lead to diabetes. It was shocking to see just how much sugar is in processed food. She described the difference between Type 1 and Type 2 diabetes. Students took part in an activity where they responded to a series of questions to determine who was most at risk. She then provided us with strategies on how diet and exercise can help manage this condition.

A very big thank you to all the public and private donors who have supported us this term. We could not provide the varied programme and high standard of care for our students without your help. We welcome donations towards the work of the school. Donations to the scholarship fund can be made to the HHT Trust. These are tax deductible and a receipt will be sent to you. Darroch & Forrest, Deloitte Consulting, Mana Mission Support, Levin Catholic Women's League, Ian Crabtree Trust, RA & HM Bichan, David Daily Charitable Trust & Mana Community Grants.

If you have changed address or would like the newsletter emailed to you, please contact Sarah De Renzy at sarah@hht.school.nz

He Huarahi Tamariki School for Teenage Parents—PO BOX 51346 TAWA WELLINGTON—(04) 232 0956 Fax 232 0957—sarah@hht.school.nz

Our host school is Wellington East Girls' College—Principal: Sally Haughton

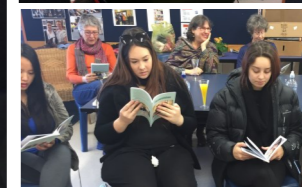
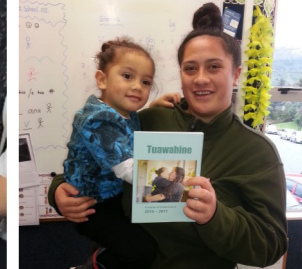
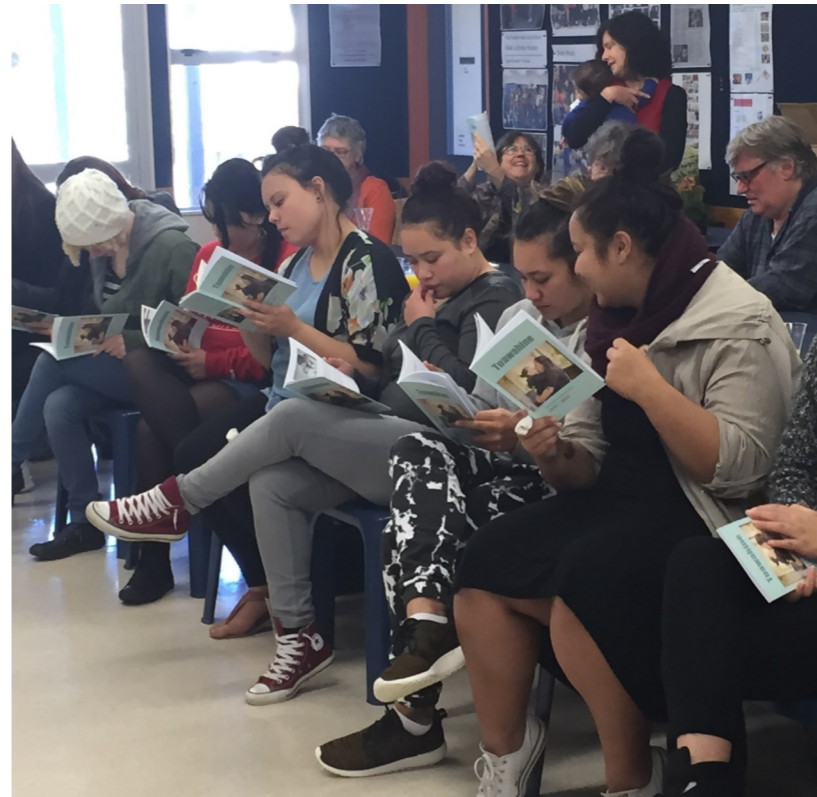
# He Huarahi Tamariki

School for Teenage Parents

Term 4 2015



## Tua Wahine Launch

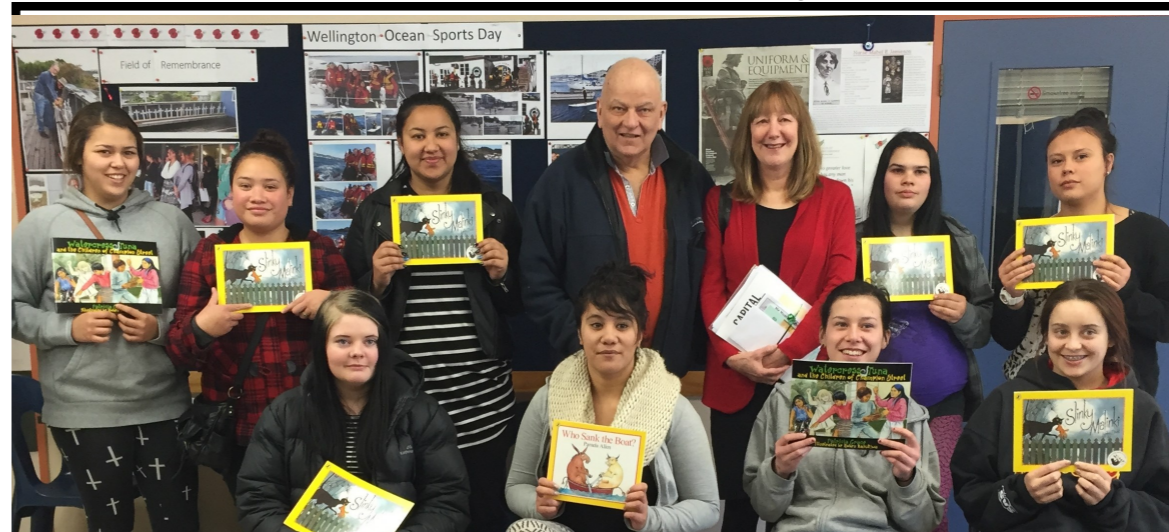


HHT held a book launch for the latest volume of Tuawahine, a journal of student writing and art work. This is a collection of work from 2014 - 2015. It includes creative and transactional writing for English classes and NCEA. Present was Diana Shum, from Adprint Ltd, who designed and printed the book. The beautiful photographs of students' children were taken by Kerry-Anne Hutchison. L-R: Students reading; Diana Shum & Helen Webber; Pray Meh Nga, Amy Nixey and Sam Beattie; Isayah O'Neill holds her son Isayah and a copy of Tuawahine which features them both on the front cover.

## Reading to our Children

John and Ruth McIntyre delivered a "reading to your children" session to students at HHT as part of the James Patterson Independent Bookstore Grant. The Children's Bookshop was one of four New Zealand recipients of this award which aims to get children reading. John emphasised the importance of reading to your child at a young age and making reading a 'cuddle up' time. Each student was presented with a children's book to take home and read to their child.

Watercress Tuna and the Children of Champion Street by local author, Patricia Grace, was a familiar favourite. Students were encouraged to make a trip to the local library a regular event for their child to borrow books. The grant enabled John and Ruth to share their reading programme with other teen parent units in Levin and Upper Hutt. Our thanks go to Ruth & John for their generous support and regular donations of books for our library.



John & Ruth McIntyre with students from left to right: Zara Wallace Smith, Elizabeth Te Rangi, Hayley Walker, Hineora Mike, Nara Sua Poinga, Nikki Walker, Sandra-Jean Graham-Hall, Talia Osborne and Samantha Beattie holding copies of Slinky Malinky, Who Sank the Boat? and Watercress Tuna and the Children of Champion Street. Thank you John and Ruth.



## From our Teacher in Charge

*Tēnā koutou katoa*

As Christmas approaches, it is timely to reflect on the goodwill that wraps around our school. We are constantly moved by continuing loyalties and new acts of generosity.

In today's post were 26 swim passes for Tawa Pool, each one gifted as part of the Wellington City Council "Give Well - Live Well" initiative. These pay-it-forward passes were from local pool users for us to use in the future. In Auckland recently, cars were being washed by a team from Deloitte Consulting, Wellington, as part of their national fundraising competition. We are now the grateful beneficiaries of funds and can add to our laptop capacity. The Open Polytechnic has also generously offered staff, volunteers, students and their partners a fee waiver to selected 2016 courses.

Our donors and volunteers are a special group with a long history of support. The reward is seeing our young mothers poised for a more certain future. We continue to share our graduates' successes. In 2016 we will have the most students undertaking tertiary study that we have ever had. More than 20 students will be at various stages of tertiary study including nursing, IT, law, arts, science, automotive engineering, design and early childhood. We are grateful to the HHT Trust for their ongoing tertiary support for our students. We also wish to thank retiring trustee, David Oughton, and his wife Pam, for their contribution and hard work to HHT since its inception.

An increasingly wide range of agencies visit HHT bringing very valuable, targeted support. We are very grateful for their strengths-based approach which reinforces our school motto, "of course you can do it." HHT thrives on partnerships and we are indebted to our host school, Wellington East Girls' College and to Te Aho o Te Kura Pounamu. Without exception, we have been well served by our team on the ground from support staff to teachers. Our students are fortunate indeed.

This year we have benefitted from tertiary placements with students on extended practicum as they complete their qualifications. Bridget Piper from VUW and Anita Edwards from Weltec have completed a year's placement at HHT, leaving us the richer.

A recent moment of inattention involving an express train, found me inadvertently in Wellington. The scenic route to work had unexpected pleasures. Waiting at the station were two students and their children. Their commitment to school had started for one with a 7.00 am walk to the train station to catch the 7.23am to Wellington followed by another train to Linden and for the other student, a 7.30am bus to the railway station followed by a train ride to Linden. They were both cheerful and resourceful as they entertained their children and appreciated the assistance offered by guards who knew their routine. I arrived at school full of renewed admiration for all our mothers.

*Ngā mihi nui Helen Webber*



## Craft at HHT

### The best uncooked playdough recipe

(Playcentre cookbook)

#### Ingredients:

- 1 1/2 cups flour
- 1 Tbs cream of tartar (optional)
- 1/4 cup salt
- 1 Tbs cooking oil
- 1 cup boiling water
- Food colouring (optional)

#### Instructions:

1. Mix the flour, cream of tartar and salt in a large bowl. In another bowl add the colouring and oil to the boiling water.

2. Pour wet ingredients into dry ingredients.

Mix well (Take care not to splash yourself with the boiling water!) Turn onto floured surface and knead until no longer sticky.

3. Store in the fridge in a sealed plastic bag.

We are grateful to Bridget Piper for her ideas and enthusiasm for children's play. Students have enjoyed making a new activity once a week including ocean bottles using food colouring and cooking oil, a ribbon-pull toy, a child's wallet, uncooked finger paint and 'gloop'.

*Pray Meh, Nikki, Hineora and Nara are hands on making play dough*



## Graduate News



Former student, Janine Tangi, and fellow students of the Māori Nursing Course at Whitireia gave a presentation to HHT students. They highlighted the support given to them at Whitireia and recommended the value of studying academic writing before beginning tertiary studies. Janine had this message for us, "Being an ex student of HHT, dreams are free. Sometimes life gets in the way. If you are passionate about something, DO IT! Life happens but if you want something, you are the only one who can go out there and achieve it. Don't let anything stand in the way of what you want."

## Teen Parent Netball Tournament



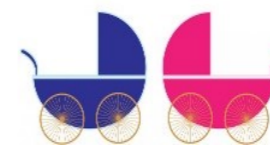
After winning all their games, the HHT Netball team came under pressure from the Rotorua Teen Parent Unit in a closely fought final to come runner up in the Lower North Island Teen Parent Netball competition held in Palmerston North recently. Eight teams took part in the annual event which was hosted by the Whakatipuria Teen Parent Unit. Our players used their talent, skills and determination throughout the tournament, with some team members playing every game. Everyone 'stepped up' in all aspects on the day and there was a great feeling of working together as a team. Students displayed great sportsmanship both on and off the court and took the opportunity to interact with other teams. Players were proud to wear the new He Huarahi Tamariki team hoodies which kept everyone warm and which were kindly donated by Deloitte Consulting. Special mention must go to Isayah O'Neill, who played a strong leadership role in the organisation of the team, netball practices and in organising the uniform. Our thanks also go to teachers Kohine Baljeko, Deirdre Fergusson and Fiona Mokomoko Park for coaching and managing the team. Members of the 2015 HHT Netball team warming up (left) and wearing the new HHT team sweatshirts (right): Esta Walker-Visala, Edan Taufiti Moses, Hineora Mike, Nikki Walker, Talia Osborne, Hinehou Mason, Isayah O'Neill, Zara Wallace-Smith and Jamie Guptill. Supporting them were teachers Fiona Mokomoko Park, Deirdre Fergusson and Kohine Balejko.

### New Babies

We welcome two new babies:

Kaydee Adams - *Abigail*

Sarah Perez - *Ezira-Rae*



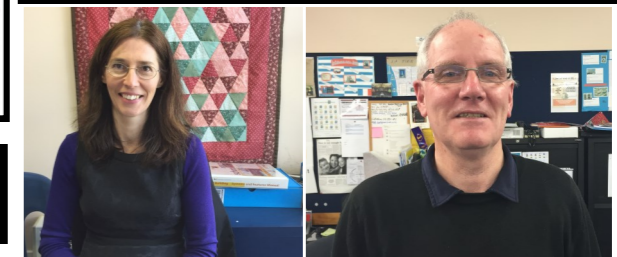
### A Portrait of Porirua

*Neil and June Penman at the launch of A Portrait of Porirua at Pataka recently with Neil's award winning portrait of Ramari Wineera and her extended family on the front cover.*



Staff, past and present, were in attendance at the launch of *A Portrait of Porirua* written by Neil and June Penman. Nick Leggett, Mayor of Porirua, launched the book. "There is no better compendium than this of information, images and historical photographs that trace the city's origins." It provides an important social history of the area including a chapter on He Huarahi Tamariki. Neil has documented the early life of the school in the Top Tavern in Cannons Creek and taken the annual school photo at prize giving since the school started.

### HHT Welcomes Sharlene and Tom



**Ngā mihi nui ki a kōrua**

HHT welcomes Sharlene Martin who has joined us this term managing our accounts and Tom Cranney who is our new van driver.

CONGRATULATIONS to our Gateway students, Esta Walker-Visala and Hineora Mike for completing the health course with Partners Porirua and Wellcare Education. Esta and Hineora have gained unit standards towards the National Certificate in Health, Disability and Aged Support (Foundation Skills) Level 2.

### HHT Students feature in Capital Magazine

Wellington's Capital magazine gave five current and past students and their children a day to remember when they shared their stories of motherhood. This included hair and make-up, a professional photo shoot and interview. Hayley Walker described the day as "really interesting. I had never been involved with anything like that before. It was very cool to see what happened and be part of the shoot". To read more on this article and to check out the fabulous photos, see the September Issue 24 and [www.capitalmag.co.nz](http://www.capitalmag.co.nz)